

Post-Collaboration Reflection Questionnaire

Name (optional):

Section 1: Self-Perception in Collaboration

Instruction: Tick the box that best reflects your experience during the task.

Statement	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
I contributed actively to the group task.	☐	☐	☐	☐	☐
I listened carefully to others' ideas.	☐	☐	☐	☐	☐
I felt confident sharing my thoughts.	☐	☐	☐	☐	☐
I adapted well when the task changed or became challenging.	☐	☐	☐	☐	☐
I helped resolve any disagreements or confusion.	☐	☐	☐	☐	☐
I stayed focused and motivated throughout the task.	☐	☐	☐	☐	☐

Section 2: Reflection on Soft Skills

Instruction: think about soft skills used in collaboration: communication, problem-solving, adaptability, teamwork, initiative, resilience, creativity, conflict resolution, time management, emotional intelligence). Now respond:

1. Which soft skills do you feel you used most during the task?
2. Which soft skills did you find challenging or underdeveloped?

3. How did you handle uncertainty or unexpected issues during the task?
4. Did you notice any personal growth or change in your mindset during the collaboration?

Section 3: Looking Ahead

5. What would you do differently in your next collaborative task?
6. Which soft skill would you like to improve, and how might you do that?